

Active Fun Kits

What is an Active Fun Kit?

It's a bag full of easy-to-use equipment like beanbags, rubber chickens, parachutes, and balls! It's been put together by the Sudbury & District Health Unit to help kids get active!

Why get active?

Active kids are healthy kids. Being active is a great way to help kids and their families feel better, live better, and be healthier!

Who can borrow an Active Fun Kit?

Anyone can sign one out for a birthday party, community picnic, family reunion, or just for fun!

Where do I get one?

Active Fun Kits are available on loan, **free of charge**, from the Sudbury & District Health Unit.

For more information, call the Sudbury East branch office of the Sudbury & District Health Unit serving Killarney, French River, St.-Charles, and Markstay-Warren:

(705) 222-9201, ext. 332

Make it a
**Healthy
Day!**

Sudbury & District Health Unit
Service de santé publique de Sudbury et du district